

Lung Health Support Groups in NH Resource List



Breathe New Hampshire
145 Hollis Street, Unit C
Manchester, NH 03101
Contact: 603-669-2411

Email COPD@breathenh.org

Meets on the second Wednesday of the month from 1:00 – 2:30 p.m.

Better Choices Better Health Chronic Disease Self-Management

Memorial Hospital
PO Box 5001
3073 White Mtn. Hwy
No Conway, NH 03860
Contact: Joan Lanoie, Dir. of Volunteer Services
603-356-5461 x2291

Cheshire Support Group

Cheshire Medical Center
580 Court St
Keene, NH 03431
Contact: Mary Ann Riley 603-354-6730
The group meets quarterly

Tobacco-Free or Trying to Be Support Group

Contact: Kate McNally 603-354-6513
First Wednesday of the month

INSPIRE Pulmonary Support Group

PO Box 117
Nashua, NH 03061
www.INSPIRENashua.org
Contact: 603-577-5738
3rd Monday of the month, 1:15 SNHMC West Cafeteria
Must have completed a pulmonary rehabilitation program at So. NH Medical Center

Monadnock Easy Breathers Support Group

Monadnock Community Hospital
The Bond Wellness Center
452 Old Street Road
Peterborough, NH 03458
Contact: Essy Moverman 924-4699 x4291
Meets monthly on the fourth Friday, 1:30 – 3:00 PM

Sarcoidosis Support Group

Exeter Pulmonary/Critical Care
9 Buzell Ave
Exeter, NH 03833
603-775-0234