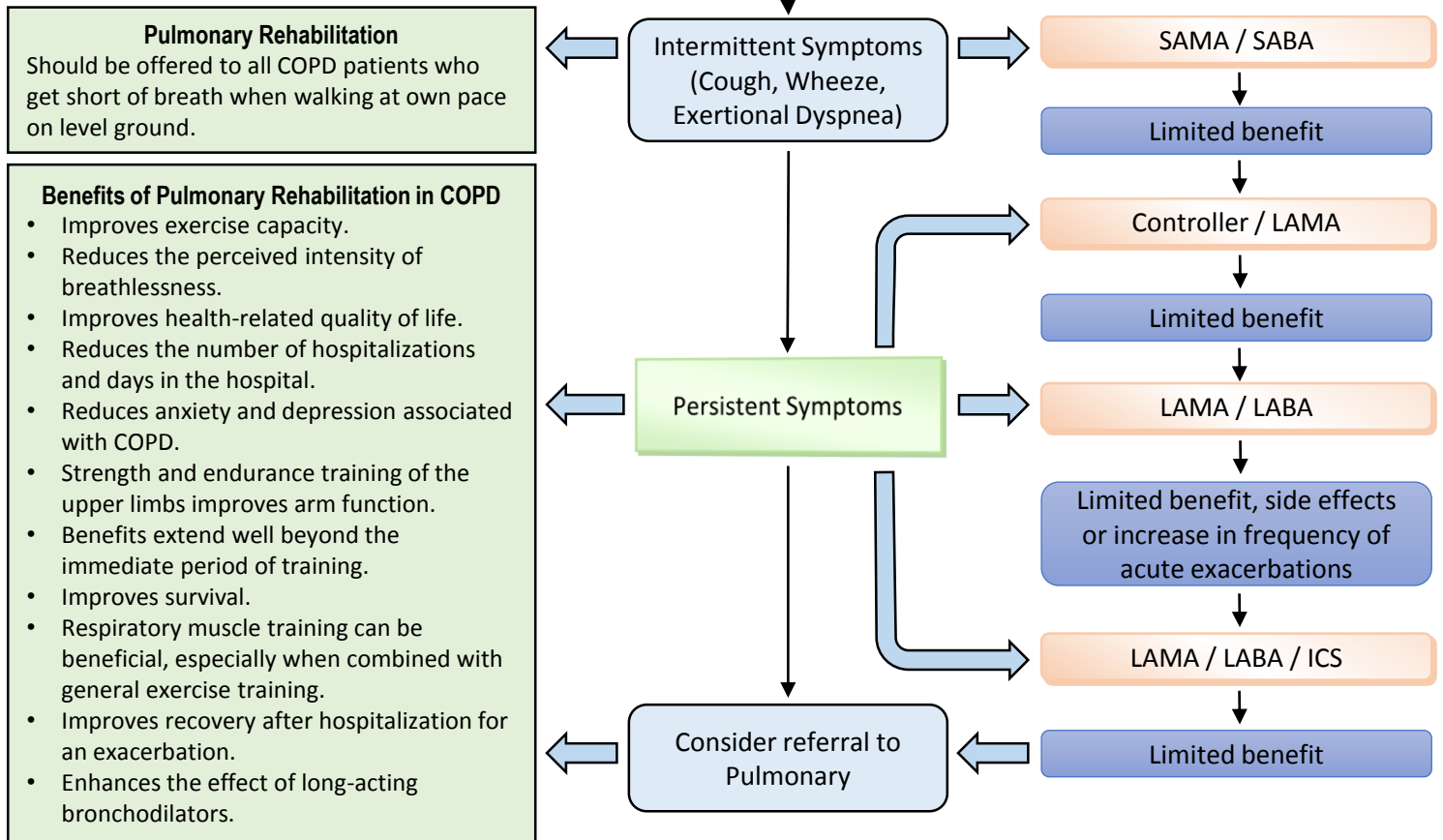


## COPD Management Tool

### Confirm Diagnosis of COPD



1. National Guideline C. British Society guideline on pulmonary rehabilitation in adults. Accessed 1/23/2015. <http://www.guideline.gov/content.aspx?id=47037>. 2. American Thoracic Society European Respiratory Society Task Force. Standards for the Diagnosis and Management of Patients with COPD 2004 (updated 2005 September 8).

Inhaler / Nebulizer	Inhaler Strength (mcg)	Nebulizer Solution (mg)	Price Range* (per month)
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#### Beta 2 Agonist – Short Acting (SABA)

Albuterol	90 (HFA-MDI)	0.63 / 3 ml, 1.25 / 3 ml, 2.5 / 3 ml	\$10 - \$13
Xopenex (levalbuterol)	45 (HFA-MDI)	0.63 / 3 ml, 1.25 / 3 ml	\$245 - \$264

#### Anticholinergics – Short Acting (SAMA)

Ipratropium Bromide		0.5 / 2 ml	\$49 - \$150
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#### Short Acting Anticholinergic plus B2-Agonist (SAMA/SABA)

DuoNeb		0.5 / 2.5 / 3 ml	\$250 - \$269
Combivent Respimat	20/100		\$392 - \$420

#### Beta 2 Agonist – Long Acting (LABA)

Serevent	50 (DPI)		\$425 - \$470
Brovana		15 mcg / 2 ml	\$1028 - \$1197
Perforomist		20 mcg / 2 ml	\$991 - \$1221
Arcapta Maleate	75 (DPI)		\$228 - \$235
Straverdi Respimat			N/A

Inhaler / Nebulizer	Inhaler Strength (mcg)	Nebulizer Solution (mg)	Price Range* (per month)
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#### Anticholinergics – Long Acting (LAMA)

Spiriva	18 (DPI)		\$402 - \$450
Tudorza Pressair	400 mcg (DPI)		\$387 - \$408
Incruse Ellipta			\$369

#### Long Acting Anticholinergic plus B2-Agonist (LAMA/LABA)

Stiolto Respimat			\$391
Anoro Ellipta			\$387
Bevespi			\$408
Utibron Neohaler			\$414

#### Inhaled Corticosteroids (ICS) plus B2-Agonist (ICS/LABA)

Symbicort	160/4.5 (HFA)		\$244 - \$384
Advair	250/50		\$394 - \$430
Breo Ellipta	100/25 (DPI)		\$359 - \$370

\*Pricing information is subject to change. The table above reflects a range from three national pharmacies, and was correct as of June 1, 2017. Pricing information will be updated periodically, and will be published on the Breathe NH website at [www.BreatheNH.org](http://www.BreatheNH.org).

## Assessment Pathway

### Host Factors

- Genetic Factors
- Sex
- Airway hyper reactivity
- Immunoglobulin E
- Asthma

### Diagnosis

Symptoms of cough  
Sputum production or  
Dyspnea or history of exposure to risk factors for the disease

### Spirometry

Post bronchodilator FEV1/forced vital capacity <0.7 that is not fully reversible

American Thoracic Society / European Respiratory Society Task Force. Standards for the Diagnosis and Management of Patients with COPD. 2004 (updated 2005 September 8).

### Exposures

- Smoking/Occupation
- Socioeconomic status
- Environmental pollution
- Perinatal events
- Childhood illness
- Recurrent broncho--pulmonary infections

### Consider Checking for Alpha 1 Antitrypsin Deficiency

- Early-onset pulmonary emphysema (regardless of smoking history)
- Family members of known alpha-1 antitrypsin-deficient patients
- Dyspnea and cough occurring in multiple family members in same or different generations
- Liver disease of unknown cause
- Adults with bronchiectasis without evident etiology should be considered for testing

<http://journal.copdfoundation.org/jcopdf/id/1115/The-Diagnosis-and-Management-of-Alpha-1-Antitrypsin-Deficiency-in-the-Adult>

### Spirometry Grades

SG 0 – At Risk	SG 1 – Mild Risk	SG 2 – Moderate Risk	SG 3 – Severe Risk
Normal spirometry does not rule out emphysema, chronic bronchitis, asthma, or risk of developing either exacerbations or COPD	Post bronchodilator FEV1/FVC ratio <0.7, FEV1 >60% predicted	Post bronchodilator FEV1/FVC ratio <0.7, 30% <FEV1 <60% predicted	Post bronchodilator FEV1/FVC ratio <0.7, FEV1 <30% predicted

### Tobacco Cessation Counseling

Drugs for Tobacco Cessation	Price Range (per month)	Drugs for Tobacco Cessation	Price Range (per month)
Varenicline*	\$376 - \$404	Nicotine gum/lozenges	\$40/100 pcs
Bupropion SR*	\$72 - \$100	Nicotine Inhaler*	\$360 - \$400
Nicotine Patch 14 mg/24 hr or 21 mg/24 hr	\$30 - \$40	Nicotine nasal spray* 1 - 2 doses/hr	\$360 - \$400

\* Require prescription

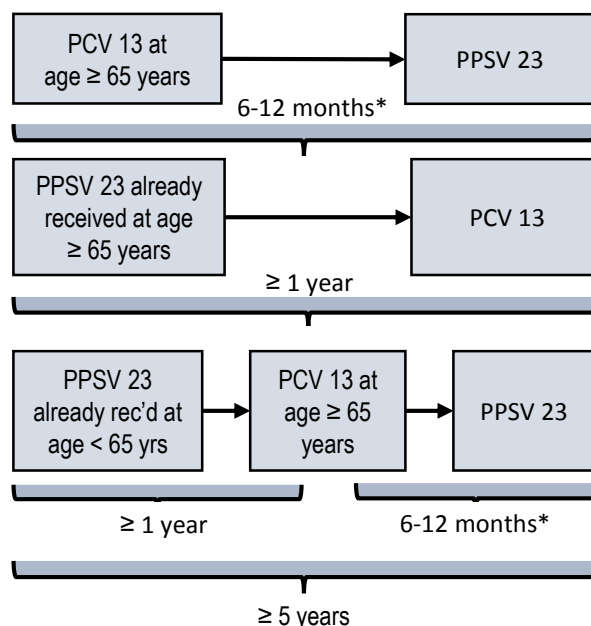
#### Strategies:

1. **ASK:** EVERY patient at EVERY clinic visit, tobacco use is queried and documented.
2. **ADVISE:** In a clear, strong, and personalized manner, urge every tobacco user to quit.
3. **REFER to Tobacco Cessation:** Patients are connected with tobacco cessation counselor (TTS preferred) or 1-800-QUIT-NOW.

National Guideline C. Global strategy for the diagnosis, management, and prevention of chronic obstructive pulmonary disease.

### Vaccinations

#### Influenza vaccine annually



#### Abbreviations:

PCV 13 = 13 Valent pneumococcal conjugate vaccine  
PPSV 23 = 23 Valent pneumococcal polysaccharide vaccine  
\*Minimum interval between sequential administration of PCV 13 and PPSV 23 is 8 weeks; PPSV 23 can be given later than 6-12 months after PCV 13 if this window is missed.