

SERVICE LEARNING ★ PROJECTS ★

Opportunities for middle and high school students.

Project Benefits



Make a meaningful impact on preventing youth vaping.



Great resume-builder and college application enhancer!



Develop and fine-tune presentation, organizational, and persuasive skills.



Earn school credit (where possible), rewards, & state & national recognition.

College Scholarships

Three project participants will be selected nationally each year to receive scholarships. Contact devin@catch.org for details.

- ★ GOLD Scholarship - **\$2,500**
- ★ SILVER Scholarship - **\$1,500**
- ★ BRONZE Scholarship - **\$1,000**

North Carolina high school volunteer, Luca, speaking during a CATCH My Breath lesson



Project Types

**Student toolkits are provided to guide all service learning projects.*

BASIC 5 Hours Total

- Give an educational vaping presentation
- Co-lead one or more CATCH My Breath lessons
- Bring CATCH My Breath Program to your school

ADVANCED 10 Hours Total

- All "Basic" level tasks
- Advocate for tobacco-free campus best practices
- Create an anti-vaping PSA & promote on social
- Start and promote a CATCH My Breath fundraiser