

**Welcome to the First New Hampshire Youth Network (NHYN) E-Newsletter!**



**What is the NHYN All About?**

The NHYN is for youth between the ages of 11 and 18, who want to have their voices heard by their peers, parents, teachers, other adults, and legislators about things they care about, like protecting our environment, reducing youth tobacco use and keeping our air quality healthy for all of us to breathe.

The NHYN is **FOR** youth and run **BY** youth. There is a group of up to thirty members who run the network. This group is called the Youth Advisory Board, or YAB, as it is known. The YAB worked with a graphic designer to develop the logo you see above. They also developed the tagline, "A Breath of Fresh Air for a New Generation."

The YAB has been meeting monthly since early last spring and planned their first statewide Youth Summit that was held in Nashua on November 20 and 21, 2009.



147 participants attended the statewide youth summit. They gained valuable advocacy and leadership skills in the many workshops that were offered including: History of Lies; Reduce Idling for Healthy Schools; Going Green; Team Building Activities; Presentation Skills; Working with the Press; Youth Advocacy; and Youth Activism. You can read more about the Summit here.

**Here's a Chance to Have Your Voice Heard!**



We talked about electronic cigarettes at the youth summit. If you weren't there or don't remember, you can learn more here.

It's likely you've seen them at your local mall. Breathe New Hampshire and the New Hampshire Youth Network are supporting New Hampshire House Bill 1541 (HB1541), which would make it illegal for people to sell electronic cigarettes to minors and illegal for minors to possess electronic cigarettes - just like other tobacco products.

Paige Niler, a NHYN member, testified at a Legislative Hearing on Monday, January 25 in Concord. She outlined why she is in favor of HB1541 and spoke with the members of the Commerce and Consumer Affairs Committee. You can read some of what she said here. If you would like to have your voice heard, too, call members of the Committee and let them know. They will listen to you. Click here for a list of who they are. Once you are there, click on each member's name and it will give you the contact information.



Not really sure what to say, here are a few talking points.

Visit the NHYN website here.

Tell your friends about the New Hampshire Youth Network. Encourage them to get involved. They can become a member by completing this form and sending it to Kim Coronis at Breathe New Hampshire, 9 Cedarwood Dr., Unit 12, Bedford, NH 03110.

Join our Facebook Group! Click on the icon. Log in and search for "The New Hampshire Youth Network."



The New Hampshire Youth Network is a program of



**ATTENTION —**

**Youth Advocates:** You Can Help NOW and Win an I-Tunes card!!! Participate in our survey and have the chance to win an I-Tunes card.

New Hampshire Youth, take a stand on policies that affect you. You can help by taking part in a survey about e-cigarettes. Just click here or on the I-Tunes logo, complete the survey, and you will be eligible to win a \$25 I-Tunes Card!

**YAB News**

At the December 8, 2009 meeting, the Youth Advisory Board (YAB) elected six members to officer positions on the board.

**Co-Leaders:** Allison Gnaegy & Jaimen Perez

**PR/Spokesperson Team:** Maria Carrasquillo & Justine Rouleau

**Secretary Team:** Jess Lemear & Mara Zrzavy

Applications to join the board are currently being accepted. Call Kim Coronis, Youth Program Manager for more information by phone 603-669-2411 ext. 104 or email: kcoronis@breathenh.org

YAB now has two sub-committees: Advocacy/Legislative Team and Action Team

**YAB – Next Meeting Tuesday, February 9, 2010**

5:30 p.m. to 7:00 p.m.  
9 Cedarwood Dr., Bedford



**Local Youth Groups – We Want to Hear From YOU!**

Since the summit what projects are YOU working on in your communities? Send us a short update or article for your newsletter.

**What Would You Like the NHYN to Help Organize?**

- Here are some ideas:
- \* Anti-Idling campaigns at schools
  - \* E-Cigarettes public awareness campaigns
  - \* No Butts on the Beach projects

Contact Kim Coronis and let her know what you are thinking!

**Funding Opportunity**

The New Hampshire Youth Network has been awarded a small grant from the Kids Consortium — A Green Schools Mini-Grant. We will be able to award three grants in the amount of \$150 to groups who will work on anti-idling awareness or car-pooling programs. For information, contact Kim Coronis.

**Coming Soon for Adult Advisors:**

Breathe NH staff will be following up with summit participants on their action plans. We will be contacting adult advisors and hope to have regional meeting opportunities around the state for you to re-connect with these groups. Stay tuned!